

Familial Breast Cancer Clinic Mount Sinai Hospital

Hereditary Breast/Ovarian Cancer Referral Guidelines

NOTES

- Relatives should be on the same side of the family
- **FDR** (first-degree relatives) ie. Parents, sibs, children
- **SDR** (second-degree relatives) ie. Grandparents, aunts, uncles, grandchildren
- Ask about other cancers: Consider referral cases with breast cancer and a family history of pancreatic cancer, sarcoma, or other early or childhood onset cancers

Recommendations for specific populations: Individuals with **Ashkenazi Jewish** ancestry diagnosed with breast cancer at any age, or unaffected Ashkenazi Jewish individuals with a FDR or SDR with breast cancer <50 years, male breast cancer, ovarian cancer can be referred to the Familial Clinic for specific ethnic BRCA1/2 mutation testing

General Recommendations

Level 4	<ul style="list-style-type: none"> • Relatives of individuals with a known BRCA1 or BRCA2 mutation <p>Referral to Familial Clinic: genetic testing will be offered</p>
Level 3	<ul style="list-style-type: none"> • Family history of ovarian cancer in 2 or more individuals, at any age • Family history of ovarian cancer at any age AND breast cancer <60 years in 3 or more individuals • Family history of breast cancer in 3 or more individuals, <50 years • Family history of male breast cancer OR serous ovarian cancer <p>Referral to Familial Clinic: significant probability of Hereditary Breast/Ovarian Cancer, modifications to screening guidelines and genetic testing options dependent on degree of relatedness to affected individuals</p>
Level 2	<ul style="list-style-type: none"> • Family history of breast cancer in 3 or more FDR or SDR, <60 years • Family history of breast cancer in 2 FDR or SDR, < 50 years • Individual with breast AND ovarian cancer • Family history of male breast cancer AND female breast cancer, at any age • Individual with 2 primary breast cancers, <50 years <p>Referral to Familial Clinic: moderate probability of Hereditary Breast/Ovarian Cancer. Family history warrants further investigation, modifications to screening guidelines, and genetic testing options dependent on detailed family history and degree of relatedness to affected individuals</p>
Level 1	<ul style="list-style-type: none"> • Individual diagnosed with breast cancer, <35 years • Individual diagnosed with serous ovarian cancer at any age • Individual with 2 primary breast cancers, >50 years <p>Referral to Familial Clinic: possibility of Hereditary Breast/Ovarian Cancer dependent on a more detailed family history</p>
Level 0	<ul style="list-style-type: none"> • Individuals anxious about a hereditary risk for cancer <p>Referral to Familial Clinic: Personalized cancer risk assessment</p>

Please note that the above are guidelines, and are subject to change dependent on individual cases

Please contact the clinic if you have questions about the appropriateness of a referral, or any of the above recommendations

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