

# Culturally Sensitive Services – Chinese Community

Services specific for the Chinese community   
  Services that accommodate Chinese-speaking individuals

Resources Provided	Name of Service
Assessment Services	<b>Home Instead Senior Care</b> – 6510 Kingston Road, Scarborough, M1C 1L4 Phone: (416) 291-4811   Fax: (416) 291-7071   Email: charmainem@homeinstead.com   www.homeinstead.com/
	<b>Mount Sinai Hospital – Wellness Centre</b> – 2311 McNicoll Ave., Lower Level, Scarborough, M1V 5L3 Phone: (416) 291-3883   Fax: (416) 291-8813   www.mshwellness.com
	<b>Premier Home Care Services</b> – 164 Eglinton Avenue E, Suite 102, Toronto, M4P 1G4 Phone: (416) 637-2155   Fax: (647) 427-4247   Email: InfoTorontoCentral@homecarephs.com   www.PremierTorontoCentral.com
	<b>Second Mile Club of Toronto</b> – 340 College St, Suite 350, Toronto, M5T 3A9 (Head Office) Phone: (416) 597-0841   Fax: (416) 597-1925   Email: adalley@secondmileclub.ca   www.secondmileclub.ca/ <b>*Chinese-speaking Social Worker</b>
	<b>WoodGreen Community Centre</b> – 815 Danforth Ave, Suite 100, Toronto, M4J 1L2 Phone: (416) 469-5211 ext.1262   Fax: (416) 469-2947   Email: info@woodgreen.org   www.woodgreen.org
System Navigation Assistance - Information on services and referrals	<b>CareFirst Seniors and Community</b> – 3601 Victoria Park Ave, Suite 501, Scarborough, M1W 3Y3 Phone: (416) 502-2323   Fax: (416) 502-2382   Email: info@carefirstseniors.com   http://www.carefirstseniors.com/
	<b>Mount Sinai Hospital – Wellness Centre</b> – 2311 McNicoll Ave., Lower Level, Scarborough, M1V 5L3 Phone: (416) 291-3883   Fax: (416) 291-8813   www.mshwellness.com
	<b>North York Seniors Centre</b> – <u>Location 1</u> : 21 Hendon Ave., North York, M2M 4G8   <u>Location 2</u> : 80 Sheppard Ave. W, Toronto, M2N 1M2 Phone: (416) 733-4111   Fax: (416) 733-1858/(416) 225-9867   Email: email@nyseniors.org   www.nyseniors.org <b>*Language Convenor Program (volunteer interpreter)</b>
	<b>Second Mile Club of Toronto</b> – 340 College St, Suite 350, Toronto, M5T 3A9 (Head Office) Phone: (416) 597-0841   Fax: (416) 597-1925   Email: adalley@secondmileclub.ca   www.secondmileclub.ca/
	<b>St. Stephen's Community House</b> – 340 College Street, Suite 360, Toronto, M5T 3A9 Phone: (416) 929-3281   Fax: (416) 929-9374   Email: tirene@ststephenshouse.com   www.ststephenshouse.com
	<b>Support Enhance Access Services Centre (SEAS)</b> – 3907 Don Mills Road, Toronto, Ontario M2H 2S7 Phone: 416-809-8299   Email: winwincommunication@gmail.com
	<b>WoodGreen Community Centre</b> – 815 Danforth Ave, Suite 100, Toronto, M4J 1L2 Phone: (416) 469-5211 ext.1262   Fax: (416) 469-2947   Email: info@woodgreen.org   www.woodgreen.org
Outreach Services - Case management - Need assessment - Social Work	<b>CareFirst Seniors and Community</b> – 3601 Victoria Park Ave, Suite 501, Scarborough, M1W 3Y3 Phone: (416) 502-2323   Fax: (416) 502-2382   Email: info@carefirstseniors.com   http://www.carefirstseniors.com/
	<b>Mount Sinai Hospital – Wellness Centre</b> – 2311 McNicoll Ave., Lower Level, Scarborough, M1V 5L3 Phone: (416) 291-3883   Fax: (416) 291-8813   www.mshwellness.com

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	<p><b>Premier Home Care Services</b> – 164 Eglinton Avenue E, Suite 102, Toronto, M4P 1G4 Phone: (416) 637-2155   Fax: (647) 427-4247   Email: InfoTorontoCentral@homecarephs.com   www.PremierTorontoCentral.com</p>
	<p><b>Silver Circle: West Toronto Support Services for Seniors</b> – 80 Ward St, Toronto, M6H 4A6 Phone: (416) 653-3535   Fax: (416) 653-3559   Email: info@wtss.org   www.silvercircle.ca</p>
	<p><b>Second Mile Club of Toronto</b> – 340 College St, Suite 350, Toronto, M5T 3A9 (Head Office) Phone: (416) 597-0841   Fax: (416) 597-1925   Email: adalley@secondmileclub.ca   www.secondmileclub.ca/</p>
	<p><b>St. Paul’s Amoreaux Center</b> – 3333 Finch Ave. East, Scarborough, M1W 2R9 Phone: (416) 493-3333 Fax: (416) 493-339   Email: info@splc.ca</p>
	<p><b>St. Stephen’s Community House</b> – 340 College Street, Suite 360, Toronto, M5T 3A9 Phone: (416) 929-3281   Fax: (416) 929-9374   Email: tirene@ststephenshouse.com   www.ststephenshouse.com <b>*Community mediators (assist with neighbour disputes)</b></p>
	<p><b>WoodGreen Community Centre</b> – 815 Danforth Ave, Suite 100, Toronto, M4J 1L2 Phone: (416) 469-5211 ext.1262   Fax: (416) 469-2947   Email: info@woodgreen.org   www.woodgreen.org</p>
Capacity/Legal advice	<p><b>Office of Public Guardianship and Trustee</b> Phone: 1-800-366-0335   Local phone: (416) 314-2800   www.attorneygeneral.jus.gov.on.ca</p>
	<p><b>Capacity and Consent Board</b> Phone: (416) 327-4142   www.ccboard.on.ca</p>
	<p><b>Advocacy Centre for the Elderly</b> Phone: (416) 598-2656   Fax: (416) 598-7924   www.acelaw.ca</p>
Caregiver Support Groups	<p><b>Mount Sinai Hospital – Wellness Centre</b> – 2311 McNicoll Ave., Lower Level, Scarborough, M1V 5L3 Phone: (416) 291-3883   Fax: (416) 291-8813   www.mshwellness.com</p>
	<p><b>Silver Circle: West Toronto Support Services for Seniors</b> – 80 Ward St, Toronto, M6H 4A6 Phone: (416) 653-3535   Fax: (416) 653-3559   Email: info@wtss.org   www.silvercircle.ca</p>
	<p><b>North York Seniors Centre</b> – <u>Location 1</u>: 21 Hendon Ave., North York, M2M 4G8   <u>Location 2</u>: 80 Sheppard Ave. W, Toronto, M2N 1M2 Phone: (416) 733-4111   Fax: (416) 733-1858/(416) 225-9867   Email: email@nyseniors.org   www.nyseniors.org</p>
	<p><b>Second Mile Club of Toronto</b> – 340 College St, Suite 350, Toronto, M5T 3A9 (Head Office) Phone: (416) 597-0841   Fax: (416) 597-1925   Email: adalley@secondmileclub.ca   www.secondmileclub.ca/</p>
	<p><b>St. Paul’s Amoreaux Center</b> – 3333 Finch Ave. East, Scarborough, M1W 2R9 Phone: (416) 493-3333 Fax: (416) 493-339   Email: info@splc.ca</p>
	<p><b>Support Enhance Access Services Centre (SEAS)</b> - 4982 Highway 7 East, Unit 4, Markham Phone: 416-809-8299   Email: winwincommunication@gmail.com</p>
	<p><b>WoodGreen Community Centre</b> – 815 Danforth Ave, Suite 100, Toronto, M4J 1L2 Phone: (416) 469-5211 ext.1262   Fax: (416) 469-2947   Email: info@woodgreen.org   www.woodgreen.org</p>

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	<p><b>Yee Hong Centre for Geriatric Care</b>  <u>Location 1:</u> Caregiver Education and Resource Centre – 360 (B) Highway 7 E., Unit 17, Richmond Hill, L4B 3Y7            Phone: (905) 597-9380   Email: caregiver.edu@yeehong.com   www.yeehong.com  <u>Location 2:</u> 5510 Mavis Rd., Mississauga, L5V 2X5            Phone: (905) 568-0333   Fax: (905) 568-0026   Mississauga@yeehong.com   www.yeehong.com  <u>Location 3:</u> 2311 McNicoll Ave., Lower Level, Scarborough, M1V 5L3            Phone: (416) 321-6333   Fax: (416) 321-6313   Email: scarborough.mcnicoll@yeehong.com   www.yeehong.com</p>
<b>Individual Counseling</b>	<p><b>Mount Sinai Hospital – Wellness Centre</b> – 2311 McNicoll Ave., Lower Level, Scarborough, M1V 5L3            Phone: (416) 291-3883   Fax: (416) 291-8813   www.mshwellness.com</p>
	<p><b>WoodGreen Community Centre</b> – 815 Danforth Ave, Suite 100, Toronto, M4J 1L2            Phone: (416) 469-5211 ext.1262   Fax: (416) 469-2947   Email: info@woodgreen.org   www.woodgreen.org</p>
<b>Home Help Services</b> <ul style="list-style-type: none"> <li>- Personal Care</li> <li>- Housekeeping</li> <li>- Help with errands</li> <li>- Companionship</li> <li>- Meal services</li> </ul>	<p><b>CareFirst Seniors and Community</b> – 3601 Victoria Park Ave, Suite 501, Scarborough, M1W 3Y3            Phone: (416) 502-2323   Fax: (416) 502-2382   Email: info@carefirstseniors.com   http://www.carefirstseniors.com/</p>
	<p><b>Home Instead Senior Care</b> – 6510 Kingston Road, Scarborough, M1C 1L4            Phone: (416) 291-4811   Fax: (416) 291-7071   Email: charmainem@homeinstead.com   www.homeinstead.com/</p>
	<p><b>A- SUPREME Nursing and Home Care Services</b> – 845 Wilson Ave, Ste 103, Toronto, M3K 1E6            Phone: (416) 781-7687   Fax: (416) 781-7681   Email: info@asncare.com   www.asncare.com</p>
	<p><b>North York Seniors Centre</b> – <u>Location 1:</u> 21 Hendon Ave., North York, M2M 4G8   <u>Location 2:</u> 80 Sheppard Ave. W, Toronto, M2N 1M2            Phone: (416) 733-4111   Fax: (416) 733-1858/(416) 225-9867   Email: email@nyseniors.org   www.nyseniors.org</p>
	<p><b>Premier Home Care Services</b> – 164 Eglinton Avenue E, Suite 102, Toronto, M4P 1G4            Phone: (416) 637-2155   Fax: (647) 427-4247   Email: InfoTorontoCentral@homecarephs.com   www.PremierTorontoCentral.com</p>
	<p><b>Second Mile Club of Toronto</b> – 340 College St, Suite 350, Toronto, M5T 3A9 (Head Office)            Phone: (416) 597-0841   Fax: (416) 597-1925   Email: adalley@secondmileclub.ca   www.secondmileclub.ca/  <b>*Chinese-speaking housekeeper</b></p>
	<p><b>Yee Hong Centre for Geriatric Care</b> – 2311 McNicoll Ave., Lower Level Scarborough, M1V 5L3            Phone: (416) 321-6333   Fax: (416) 321-6313   Email: scarborough.mcnicoll@yeehong.com   www.yeehong.com</p>
<b>Transportation Services</b>	<p><b>CareFirst Seniors and Community</b> – 3601 Victoria Park Ave, Suite 501, Scarborough, M1W 3Y3            Phone: (416) 502-2323   Fax: (416) 502-2382   Email: info@carefirstseniors.com   http://www.carefirstseniors.com/  <b>*Scarborough, North York, and York Region</b></p>
	<p><b>St. Christopher House</b> – 248 Ossington Ave., Toronto, M6J 3A2            Phone: (416) 532-4828   Fax: (416) 532-8739   Email: info@stchrishouse.org   www.stchrishouse.org</p>
	<p><b>St. Paul’s Amoreaux Center</b> – 3333 Finch Ave. East, Scarborough, M1W 2R9            Phone: (416) 493-3333 Fax: (416) 493-339   Email: info@splc.ca</p>
<b>Day Programs</b>	<p><b>CareFirst Seniors and Community</b> – 3601 Victoria Park Ave, Suite 501, Scarborough, M1W 3Y3            Phone: (416) 502-2323   Fax: (416) 502-2382   Email: info@carefirstseniors.com   http://www.carefirstseniors.com/</p>

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	<p><b>Mon Sheong Adult Day Program</b> -11199 Yonge Street, Richmond Hill, L4S 1L2 Tel: 905-883-9288   Fax: 905-508-0829   E-mail: sherryli@monsheong.org   www.monsheong.org</p>
	<p><b>Second Mile Club of Toronto</b> – 340 College St, Suite 350, Toronto, M5T 3A9 (Head Office) Phone: (416) 597-0841   Fax: (416) 597-1925   Email: adalley@secondmileclub.ca   www.secondmileclub.ca/</p>
	<p><b>St. Paul’s Amoreaux Center</b> – 3333 Finch Ave. East, Scarborough, M1W 2R9 Phone: (416) 493-3333 Fax: (416) 493-339   Email: info@splc.ca</p>
	<p><b>St. Stephen’s Community House</b> – 340 College Street, Suite 360, Toronto, M5T 3A9 Phone: (416) 929-3281   Fax: (416) 929-9374   Email: tirene@ststephenshouse.com   www.ststephenshouse.com</p>
	<p><b>WoodGreen Community Centre</b> – 815 Danforth Ave, Suite 100, Toronto, M4J 1L2 Phone: (416) 469-5211 ext.1262   Fax: (416) 469-2947   Email: info@woodgreen.org   www.woodgreen.org</p>
	<p><b>Yee Hong Centre for Geriatric Care</b> <u>Location 1:</u> 2780 Bur Oak Ave., Markham, L6B 2C9   Phone: (905) 471-3232   Fax: (905) 471-3223   Email: markham@yeehong.com   www.yeehong.com <u>Location 2:</u> 5510 Mavis Rd., Mississauga, L5V 2X5   Phone: (905) 568-0333   Fax: (905) 568-0026   Mississauga@yeehong.com   www.yeehong.com</p>
<p><b>Social/Recreational Activities</b> Typically drop-in activities</p>	<p><b>CareFirst Seniors and Community</b> – 3601 Victoria Park Ave, Suite 501, Scarborough, M1W 3Y3 Phone: (416) 502-2323   Fax: (416) 502-2382   Email: info@carefirstseniors.com   http://www.carefirstseniors.com/ <b>*Includes group dining program</b></p>
	<p><b>Fudger House</b> – 439 Sherbourne St Toronto, M4X 1K6 Phone: (416) 392-5252   Fax: (416) 392-4174   Email: lsui@toronto.ca   www.toronto.ca/ltc/fudger.htm</p>
	<p><b>Heritage Nursing Home</b> – 1195 Queen St E., Toronto, M4M 1L6 Phone: (416) 461-8185   Fax: (416) 461-5472   Email: heritage@bellnet.ca   www.heritagenursinghome.com</p>
	<p><b>Home Instead Senior Care</b> – 6510 Kingston Road, Scarborough, M1C 1L4 Phone: (416) 291-4811   Fax: (416) 291-7071   Email: charmainem@homeinstead.com   www.homeinstead.com/</p>
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	<p><b>Second Mile Club of Toronto</b> – 340 College St, Suite 350, Toronto, M5T 3A9 (Head Office) Phone: (416) 597-0841   Fax: (416) 597-1925   Email: adalley@secondmileclub.ca   www.secondmileclub.ca/</p>
	<p><b>St. Paul’s Amoreaux Center</b> – 3333 Finch Ave. East, Scarborough, M1W 2R9 Phone: (416) 493-3333 Fax: (416) 493-339   Email: info@splc.ca</p>
	<p><b>St. Stephen’s Community House</b> – 340 College Street, Suite 360, Toronto, M5T 3A9 Phone: (416) 929-3281   Fax: (416) 929-9374   Email: tirene@ststephenshouse.com   www.ststephenshouse.com <b>*Accommodate both active and frail seniors</b></p>
	<p><b>WoodGreen Community Centre</b> – 815 Danforth Ave, Suite 100, Toronto, M4J 1L2 Phone: (416) 469-5211 ext.1262   Fax: (416) 469-2947   Email: info@woodgreen.org   www.woodgreen.org</p>

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<b>Long-term Care</b>	<p><b>Fudger House</b> – 439 Sherbourne St., Toronto, M4X 1K6            Phone: (416) 392-5252   Fax: (416) 392-4174   Email: lsui@toronto.ca   www.toronto.ca/ltc/fudger.htm</p>
	<p><b>Kennedy Lodge Long Term Care Home</b> – 1400 Kennedy Rd, Scarborough, M1P 4V6 Phone: (416) 75552-8282   www.reveraliving.com</p>
	<p><b>Heritage Nursing Home</b> – 1195 Queen St E., Toronto, M4M 1L6            Phone: (416) 461-8185   Fax: (416) 461-5472   Email: heritage@bellnet.ca   www.heritagenursinghome.com</p>
	<p><b>Rekai Centres – Sherbourne Place</b> – 345 Sherbourne St, Toronto, M5A 2S3            Phone: (416) 964-1599   Fax: (416) 964-3907   Email: rekaireception@rekaicentre.com   www.rekaicentre.com</p>
	<p><b>Senior’s Health Centre</b> – 2 Buchan Court, Toronto, M2J 5A3 Phone: (416) 756-0066   http://www.nygh.on.ca/Default.aspx?cid=1001&amp;lang=1</p>
	<p><b>Mon Sheong Home for the Aged</b>  <u>Location 1:</u> 36 D’Arcy St, Toronto, M5T 1J7   Phone: 416-977-3231   Email: infor@monsheong.or   www.monsheong.or  <u>Location 2:</u> 11199 Yonge Street, Richmond Hill, L4S 1L2   Phone: 905-883-9288   Fax: 905-508-0829   E-mail: sherryli@monsheong.org   www.monsheong.org  <u>Location 3:</u> 2030 McNicoll Ave, Scarbouough, M1V 5P4   Phone: 416-291-3898 ext. 3618   Fax: 416-297-8322   E-mail: atellaleung@monsheong.org</p>
<b>Palliative Care</b>	<p><b>Yee Hong Centre for Geriatric Care</b>  <u>Location 1:</u> 60 Scottfield Dr., Toronto, M1S 5T7            Phone: (416) 321-3000   Fax: (416) 321-0034   Email: scarborough.finch@yeehong.com   www.yeehong.com  <u>Location 2:</u> 2311 McNicoll Ave., Lower Level Scarborough, M1V 5L3            Phone: (416) 321-6333   Fax: (416) 321-6313   Email: scarborough.mcnicoll@yeehong.com  <u>Location 3:</u> 2780 Bur Oak Ave., Markham, L6B 2C9            Phone: (905) 471-3232   Fax: (905) 471-3223   Email: markham@yeehong.com   www.yeehong.com  <u>Location 4:</u> 5510 Mavis Rd., Mississauga, L5V 2X5            Phone: (905) 568-0333   Fax: (905) 568-0026   Mississauga@yeehong.com   www.yeehong.com</p>
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**\*\* A special acknowledgment to the Mount Sinai Wellness Centre for their assistance in creating this tool.**