

**REFERRAL FORM**  
**Seniors Mental Health**  
**Outreach Services**  
**Community**



Halton Geriatric Mental Health Outreach Program  
5230 South Service Road  
Burlington, Ontario L7L 5K2  
Tel: 905-681-8233 Toll Free: 1-866-429-7677 Fax: 905-681-8628

Trillium Health Centre- West Toronto  
150 Sherway Drive- 4<sup>th</sup> Floor  
Toronto, Ontario M9C 1A5  
Tel: 416-521-4006  
Fax: 416-521-4020

Referral Date: (DD/M/YYYY) \_\_\_\_\_ Reg/UID#: \_\_\_\_\_ (internal use only)

Client Name: \_\_\_\_\_  M  F  
Surname First Name

Address: \_\_\_\_\_  
Street Number and Name Apt or Unit # City Postal Code

Phone Number: ( ) - \_\_\_\_\_ Alternate: ( ) - \_\_\_\_\_ Marital Status: \_\_\_\_\_

DOB: (DD/M/YYYY) \_\_\_\_\_ Age: \_\_\_\_\_ Health Card #: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ VerCode: \_\_\_\_\_

Living With:  Alone  Spouse/Partner  Family  Other \_\_\_\_\_ Preferred Language:  English  Other: \_\_\_\_\_ Interpreter Needed?  Yes

Person to contact for booking appointment:  Client  Caregiver/Next of Kin \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone: ( ) - \_\_\_\_\_ Alternate: ( ) - \_\_\_\_\_

Is the referred client currently hospitalized?  No  Yes If yes, hospital name: \_\_\_\_\_ Discharge Date: \_\_\_\_\_

Has the referred person consented to the referral?  Yes  No

If person not capable, has the POA- PC or SDM consented to referral?  Yes  No Name of POA-PC/SDM: \_\_\_\_\_

**Reason for Referral - Please check all that apply.**

<input type="checkbox"/> Diagnosis	<input type="checkbox"/> Depression	<input type="checkbox"/> Hallucinations	<input type="checkbox"/> Cognitive Decline	<input type="checkbox"/> Wandering	<input type="checkbox"/> Sleep Disturbance
<input type="checkbox"/> Medication Review	<input type="checkbox"/> Mania	<input type="checkbox"/> Delusions	<input type="checkbox"/> Behaviour	<input type="checkbox"/> Falls	<input type="checkbox"/> Caregiver Stress
<input type="checkbox"/> Polypharmacy	<input type="checkbox"/> Suicidal Ideation	<input type="checkbox"/> Paranoia/Suspiciousness	<input type="checkbox"/> Risk to Others	<input type="checkbox"/> Hoarding	<input type="checkbox"/> Elder Abuse
<input type="checkbox"/> Substance Abuse/Addiction	<input type="checkbox"/> Anxiety	<input type="checkbox"/> Acute Confusion	<input type="checkbox"/> Agitation	<input type="checkbox"/> Self Neglect	

I am referring the above senior to the **Cognitive Behavioural Therapy (CBT) Group for older adults with depression offered by St. Joseph's**

**Please summarize clearly your reason for the referral:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

<b>Potential safety concerns for Assessor going into home:</b>	<input type="checkbox"/> Unknown	<input type="checkbox"/> Pets in Home	<input type="checkbox"/> Infectious Condition	<input type="checkbox"/> Smokers in Home	<input type="checkbox"/> Isolated
	<input type="checkbox"/> Firearms/Weapons	<input type="checkbox"/> Others In Home	<input type="checkbox"/> Environment (pests, damage, neglect, etc.)		

**Please attach the following, if available:**

Medical/Psychological/Psychiatric History  Attached Previous Investigations ( e.g. EEG, EKG, CT/MRI, etc)  Attached  
Relevant Hospital Discharge Summaries  Attached Current Medications – please attach a list  Attached

**\*\* Current (within 3 months ) Test / Lab Results** including: CBC, GBCL (Glucose, Creatine, Lytes), TSH, Vitamin B12 level, Liver Function, Urea, Calcium, Albumin, therapeutic blood level for monitoring for Valproic Acid, Carbamazepine, Lithium ( as applicable) and Urinalysis.

Referral Source: \_\_\_\_\_ Referral Source Phone: ( ) - \_\_\_\_\_

Name of Family Physician: \_\_\_\_\_

Family Physician Phone: ( ) - \_\_\_\_\_ Family Physician Fax : ( ) - \_\_\_\_\_

Family Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**OHIP BILLING NUMBER**

*Please fax the above completed referral form, relevant notes, recent labs etc. to the appropriate program.*