

## **Mount Sinai Hospital Department of Psychiatry Presents:**

# Mental Illness in Pregnancy and the Postpartum Period

An Ontario Telemedicine Network Mini-Series

Time: 8:15-9:30 a.m. (EST) for all sessions

Modality: Live & archived webcast

AGENDA	PRESENTERS
January 15, 2016	Dr. Myroslava Romach
Perinatal Depression: Diagnosis and Management	Dr. Sharon Szmuilowicz
Event ID: 50492898	
January 22, 2016	Dr. Beverly Young
Perinatal Anxiety Disorders: Diagnosis and Management	Dr. Ariel Dalfen
Event ID: 50496785	
January 29, 2016	Dr. Marina Golts
Severe Mental Illness in the Perinatal Period	Dr. Mishelle McIntyre
Event ID: 50496938	

#### DESCRIPTION

Early recognition and treatment of mental illness is important to ensuring health in pregnancy and the postpartum period for a mother, her baby and her family. This OTN mini-series will focus on assessment, diagnosis and treatment of common psychiatric illnesses during the perinatal period. It will include a review of psychotropic medication use in pregnancy and during breastfeeding.

## **OBJECTIVES**

At the end of this presentation, the target audience will be able to:

- Assess and identify mental illnesses in pregnancy and postpartum.
- Recognize importance to mother, baby and family of treating perinatal mental illness.
- Describe pharmacological and psychosocial treatments for perinatal mental illnesses.

## **AUDIENCE**

MDs (Family physicians, psychiatrists, obstetricians), nurse practitioners, midwives and other health professionals interested in perinatal mental health care.

## REGISTRATION

Please email us at <u>perinataltelemedicine@mtsinai.on.ca</u> indicating which session(s) you will attend. Note: registrants are accepted up to 12 p.m. the day before the session.

If you are an OTN Telemedicine Coordinator, please self-register via Ncompass using the event ID number above. For those who do not have Ncompass training, please submit the site and system numbers and event ID to scheduling@otn.ca or call 1-866-454-6861.

### **CONTACT INFORMATION**

For more information or questions please contact Natasha Persaud, Clinical Nurse Specialist, Perinatal Mental Health at npersaud@mtsinai.on.ca.

