

Mount Sinai and the University Health Network Hospitals Proudly Present:

2013 Geriatrics Update

Friday, November 1, and Saturday, November 2

Toronto Rehabilitation Institute Auditorium, 2nd floor, 550 University Avenue, Toronto, Ontario

An Accredited Learning Activity by the College of Family Physicians and the Royal College of Physicians & Surgeons of Canada

Program Overview

With the aging of our population, there exists a growing demand for quality accessible continuing medical education in Geriatrics.

We invite you to attend our first annual Geriatrics CME Course which has been designed to provide front-line practitioners the latest practical and evidence-based knowledge they need to better manage the care of their older patients.

This two-day CME Course will feature 16 high quality/interactive lectures by leading faculty from the University of Toronto and beyond and will focus on the assessment and management of geriatric syndromes and common issues that arise in the care of an older patient.

Target Audience

Geriatricians, Internists, Family Physicians, Advanced Practice Nurses and other Allied Health Professionals working with older patients.

Program Objectives

After this educational conference, participants will be able to:

1. Recognize and Assess Common Geriatric Syndromes in Older Patients
2. Manage common single and multifactorial medical issues in older patients
3. Establish an approach to address the common and often inter-related medical and social issues that occur within older patients.

EVENT CONTACT:

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www.mountsinai.ca/education/geriatrics

Program Agenda

Friday, November 1, 2013

- 08:00 – 08:55 **Registration/Breakfast**
- 08:55 – 09:00 **Welcome**
- 09:00 – 09:40 **Managing the Polymorbid Patient and The Conflict Between the Guidelines and Patient-Centred Care**
Dr. Sid Feldman, MD, CCFP, FCFP
Chief, Department of Family and Community Medicine
Baycrest Centre for Geriatric Care
- 09:40 – 10:20 **Diabetes in the Elderly: How should the new CDA Guidelines Affect Our Practice?**
Dr. Robert Silver, MD, FRCPC, FACP
Staff Endocrinologist
University Health Network
Professor, Department of Medicine
University of Toronto
- 10:20 – 10:50 **Break**
- 10:50 – 11:30 **An Approach to Heart Failure Management in Patients with Frailty and Multimorbidity**
Dr. Arlene S. Bierman, MD MS
Professor, Department of Medicine
OHNC Chair in Women's Health
University of Toronto
- 11:30 – 12:10 **The Top 10 Articles in 2013**
Dr. Heather Gilley, MD
Staff Geriatrician
St. Michael's Hospital
Assistant Professor,
University of Toronto
- 12:10 – 13:10 **Lunch Time Movie: House Calls**
- 13:10 – 13:50 **Driving and Cognitive Impairment: When to Suspect, How to Test, What to Do**
Dr. Bill Dalziel, MD, FRCPC
Staff Geriatrician
The Ottawa Hospital
Professor, Department of Medicine
University of Ottawa
- 13:50 – 14:30 **A Basic Approach to Managing Mood and Anxiety Disorders in the Elderly**
Dr. Sarah Colman, MD, FRCPC
Clinical Fellow, Geriatric Psychiatry
Mount Sinai Hospital
Department of Psychiatry,
University of Toronto
- 14:30 – 15:00 **Break**
- 15:00 – 15:40 **Delirium: Don't Miss the Forest for the Trees**
Dr. Camilla Wong, MD, FRCPC
Staff Geriatrician
St. Michael's Hospital
Assistant Professor, Department of Medicine
University of Toronto
- 15:40 – 16:20 **Identifying and Managing Common Movement Disorders in Older Patients**
Dr. David F. Tang-Wai, MDCM, FRCPC
Staff Neurologist + Co-Director, Memory Clinic
University Health Network
Assistant Professor, Department of Medicine
University of Toronto
- 16:20 – 16:30 **Evaluation/Concluding Remarks**

Saturday, November 2, 2013

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| 08:00 – 08:55 | Registration/Breakfast | 13:10 – 13:50 | Common Skin Problems and their Management in the Elderly
Dr. Sanjay Siddha, MD, FRCPC
Staff Dermatologist
University Health Network
Assistant Professor, Department of Medicine
University of Toronto |
| 08:55 – 09:00 | Welcome | | |
| 09:00 – 09:40 | Polypharmacy and Polymorbid Patients: Practical Tips and Tricks
Chris Fan-Lun, BScPhm, ACPR, CGP
Clinical Practice Leader and Geriatrics Pharmacist
Mount Sinai Hospital | 13:50 – 14:30 | Navigating the Home and Community Care Jungle for Your Patients
Helen G. Levin, BA, BSW, MSW, RSW
Geriatrics Social Worker, Mobile ACE Team
University Health Network |
| 09:40 – 10:20 | New Anticoagulants: What You Need to Know
Dr. Erik Yeo, MD, FRCPC
Chief Hematologist
Toronto General Hospital
Associate Professor, Department of Medicine
University of Toronto | 14:30 – 15:00 | Break |
| 10:20 – 10:50 | Break | 15:00 – 15:40 | Helping Prevent Avoidable Emergency Room Visits for Elderly Patients
Dr. Thuy-Nga (Tia) Pham, MSc, MD, CCFP
Deputy Chief, Department of Family and Community Medicine
Toronto East General Hospital
Assistant Professor, Department of Family and Community Medicine,
University of Toronto |
| 10:50 – 11:30 | Managing Urinary Incontinence in the Elderly
Dr. Cara Tannenbaum, MD, MSc, FRCPC
Director, Geriatric Incontinence Clinic
McGill University Health Centre and Institut de Geriatrie
Associate Professor, Department of Medicine
Université de Montréal | | Dr. Don Melady, BA, MD, CCFP(EM), FCFP
Staff Emergency Medicine Physician,
Schwartz-Reisman Emergency Centre
Mount Sinai Hospital
Lecturer, Department of Family and Community Medicine
University of Toronto |
| 11:30 – 12:10 | Constipation in Older Adults
Dr. Dov Gandell, MD, FRCPC
Staff Geriatrician
Sunnybrook Health Sciences Centre
Lecturer, Department of Medicine
University of Toronto | 15:40 – 16:20 | Osteoporosis Management in Older Adults - The Bottom Line
Dr. Angela M. Cheung, MD, PhD, FRCPC
Director, Osteoporosis Program
University Health Network
Professor, Department of Medicine
University of Toronto |
| 12:10 – 13:10 | Lunch Time Geriatrics Trivia | 16:20 – 16:30 | Evaluation/Concluding Remarks |

Planning Committee Members

**Dr. Samir Sinha, MD, DPhil, FRCPC
(Course Director)**

Director of Geriatrics, Mount Sinai and the University Health Network Hospitals,

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Clinical Director, SPRINT Senior Care House Calls Program

Assistant Professor, Department of Family and Community Medicine, University of Toronto

Ms. Phoebe Tian, BSc

Geriatrics Program Course Administrator, Mount Sinai Hospital

Ms Leanne Verscheure, RN, BScN, MEd, GNCC

Clinical Nurse Specialist, Ambulatory Medicine and Geriatrics, Mount Sinai Hospital

Adjunct Lecturer, Lawrence S. Bloomberg Faculty of Nursing, University of Toronto

Study Credits

THIS EDUCATIONAL EVENT HAS BEEN APPROVED FOR THE FOLLOWING CME CREDITS:

- *The College of Family Physicians of Canada - up to 11.0 Mainpro M1 Credit*
- *Royal College of Physicians & Surgeons of Canada - up to 11.0 Section 1 Credit.*

* Certificate of attendance will be provided. Each physician should claim only those hours of credit that he/she actually spent in the education activity.

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